

2010 Scheme

QP CODE: 203003

Reg. No.

**Second Professional B.A.M.S (Part I) Degree Supplementary Examinations
February 2022**

Swasthavritta – II

Time: 3 hours

Total Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Essays

(2x10=20)

1. Describe Ashtanga Yoga.
2. Describe family planning methods.

Short notes

(10x5= 50)

3. Describe procedure of jalpaneti.
4. Types of Tratak and their benefits.
5. Yoga package for obesity.
6. Different methods of Mardana (Massage).
7. Importance of Naturopathy present era.
8. Minimum needs programme.
9. National water supply and sanitation programme.
10. WHO functions.
11. Antenatal care in Ayurveda.
12. Demographic cycle.

Answer briefly

(10x3= 30)

13. Mean.
14. Benefits of spinal bath.
15. PHC structure.
16. Objectives of Naturecure.
17. Benefits of Bhujangasan.
18. Health survey.
19. Enema.
20. Mud bath.
21. UNICEF.
22. Mortality rate.
